SYCAMORE ROOM

(3-4 year old room)

Weeks of 5th October & 12th October 2026

Our RHYME of the fortnight is: Five little monkeys



Five little monkeys jumping on the bed
One fell down and bumped his head
Mama called the doctor, and the doctor said
"No more monkeys jumping on the bed!"

Four little monkeys jumping on the bed
One fell down and bumped his head
Mama called the doctor, and the doctor said
"No more monkeys jumping on the bed!"

Repeat for 3,2 and 1.

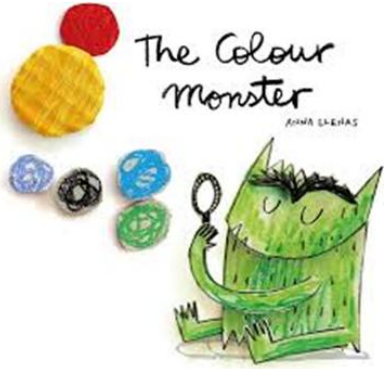
No little monkeys jumping on the bed
None fell down to bump their head
Mama called the doctor, and the doctor said
"Put those monkeys back into bed!"

What to do at home together:

- Discuss the issue of safety in this rhyme. We all have a right to be safe, so what could the monkeys do next time? Maybe you could role play being doctors for the children who have bumped their heads?
- Once familiar, experiment and play around with the words to make up your own rhyme.

- Watch the story below and sing the rhyme together again after https://www.bbc.co.uk/teach/school-radio/articles/zm7rf4j

Our BOOK of the fortnight is: The Colour Monster by Anna Llenas



This book helps children to explore feelings, and name feelings and emotions. Children can make links to their own feelings, what can trigger those feelings, and consider what we can do to help ourselves and others when we or our peers have big feelings.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling ?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices… your little ones will love it!

ELM ROOM

(2-3 year old room)

Weeks of 5th October & 12th October 2026

Our RHYME of the fortnight is: Incy Wincy Spider



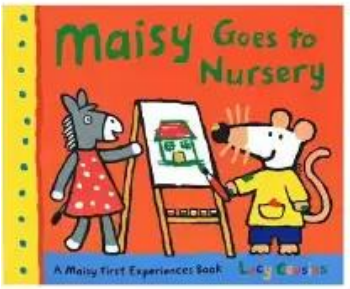
Incy Wincy spider climbed up the
water spout,
Down came the rain and washed the
spider out.
Out came the sunshine and dried up all the rain,
And Incy Wincy spider climbed up the spout again.

Incy Wincy spider climbed up the water spout,
Down came the rain and washed the spider out.
Out came the sunshine and dried up all the rain,
And Incy Wincy spider climbed up the spout again

What to do at home together:

- Watching the video below, see if you can learn the Makaton signs to go along with the rhyme
- Outside, or in, see if you can find a spider's web. If it's not clearly visible you could lightly spray it with water to reveal the pattern. From there you could recreate it through mark making or by building a large scale version using string, blankets etc.
- Watch the video below and sing the rhyme together
https://www.bbc.co.uk/cbeebies/watch/something-special-incy-wincy-spider

Our BOOK of the fortnight is: Maisy goes to Nursery by Lucy Cousins



This book helps children with transition to a new setting or room. It supports discussion around learning environment, friendships and being separated from our main care giver/s. We learn about routines and the rhythm of the day in nursery, and all the fun things we might do!

How to get the most out of reading to young children:

- Be expressive!
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions. Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

WILLOW ROOM

(Under 2's room)

Weeks of 5th October & 12th October 2026

Our RHYME of the fortnight is: Round and round the garden



Round and round the garden, like a teddy bear
One step, two step, tickle you under there!
Round and round the garden, like a teddy bear
One step, two step, tickle you under there!

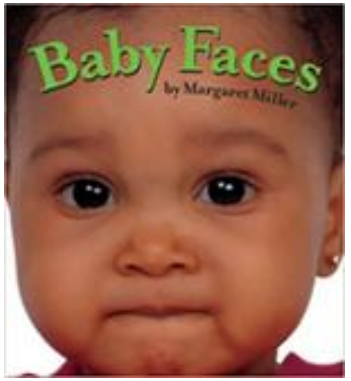
What to do at home together:

- Watch the video below and sing the rhyme together

https://www.bbc.co.uk/cbeebies/watch/something-special-round-and-round-the-garden

If you sing this nursery rhyme to children a lot, they will start to learn what's coming next and get excited for the tickle at the end.

Our BOOK of the fortnight is:
Baby Faces by Margaret Miller



This book encourages babies and toddlers to imitate different facial expressions and observe different faces. We use mirrors alongside this book to encourage children to observe their own expressions and features. Children will also look at other similar variations of this book.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices… your little ones will love it!

Our Makaton signs this fortnight are:



Happy



Move hand up and down

Healthy

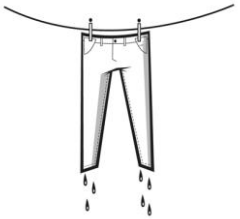
(Always remember to say the word as you sign)

Our Concept Cat signs this fortnight are:



fast

(Week 1)



Wet

(Week 2)

Our UNICEF Right of the fortnight is:



Article 28
You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.

As the children settle and get to know the environment, we will talk about what education is, what things we learn at nursery/school, why it's important. The children will have lots of opportunity to talk and show what they like to learn at nursery and what they will like to learn next.



Lots more early years health information, activities and recipes can be found on the Startwell website: https://startwellbirmingham.co.uk/

Startwell
Being active, eating well, achieving more.

2 Snacks Max says
Having a healthy mid-morning and mid-afternoon snack in-between each of your main meals will keep energy levels up throughout the day and help children grow and develop well. At home: you could talk to your child about what a healthy snack looks like. The types of snacks and what a healthy portion looks like.